

Nordic Championship 2025



2025-10-25, Alingsås

OFFICIAL CONTEST RESULTS

Women's Artistic Fitness, Open Class

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	2	Martta Kaarniranta	Finland		/171	5	5			10
2	1	Emma Säkkinen	Finland		/171,1	14	10			24
3	3	Mia Jämsä	Finland		/163,6	11	15			26

 $\Sigma=3$

Women's Fit Model, Open Class

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	8	Johanna Muhonen	Finland		/166,6	7	5			12
2	4	Riina Kainulainen	Finland		/159,5	9	13			22
3	5	Crislin Maar	Estonia		/179,9	14	12			26
4	9	Mirjam Tõnisalu	Estonia		/169,2	24	22			46
5	6	Hanady Hussein	Sweden		/158,6	24	24			48
6	10	Jaanika-Jane Tõnurist	Estonia		/166,3	26	27			53
7	7	Cajsa Öhman	Sweden		/164	35	34			69

 $\Sigma=7$

Junior Men's Classic Bodybuilding, Open class

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	12	Rasmus Karling	Sweden		/180,2	14	5			19
2	11	Oliver Wilhelmsson	Sweden		/190,2	16	10			26

 $\Sigma=2$

Men's Classic Bodybuilding -180 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2x 2	RD 3		Score
1	14	Mohammad Rouzeh Dalari	Sweden		/170,3	8	24	16		40
2	13	Ali Haidari	Finland		/171,5	15	28	17		45
3	108	Bemellah Mardani	Finland		/161,2	16	30	15		45
4	18	Teemu Aho	Finland		/177,8	19	32	18		50
5	19	Joona Meriläinen	Finland		/177,2	19	36	20		56
6	15	Dyako Ghafoor	Sweden		/170	30	60	22		82
7	16	Arttu Koskela	Finland		/163,5	36				
8	17	Larieemeli Kuusisto	Finland		/176,5	39				

 $\Sigma=8$

Men's Classic Bodybuilding +180 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	23	Alexander Pålsmarker	Sweden		/181,1	22	7			29
2	21	Teemu Tahvanainen	Finland		/186,3	18	14			32
3	12	Rasmus Karling	Sweden		/180,2	38	15			53
4	11	Oliver Wilhelmsson	Sweden		/190,2	32	22			54
5	20	Lukas Dekan	Sweden		/184,5	38	18			56
6	22	Daniel Volodin	Finland		/181	56	25			81

 $\Sigma=6$

Men's Classic Bodybuilding, Overall

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	23	Alexander Pålsmarker	Sweden		/181,1	7				7
2	14	Mohammad Rouzeh Dalari	Sweden		/170,3	8				8

$\Sigma=2$

Junior Women's Bikini Fitness, Open class

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	28	Veera Taskinen	Finland		/174,5	6	10			10
2	31	Maija Lappalainen	Finland		/169,2	12	13			13
3	33	Pihla Nurminen	Finland		/171	12	15			15
4	32	Milja Malkamäki	Finland		/169	21	20			20
5	26	Wiivi Nortunen	Finland		/158,8	34	24			24
6	5	Crislin Maar	Estonia		/179,9	25	25			25
7	30	Maria Egebro	Denmark		/160,9	39				
8	25	Reea Toikka	Finland		/174	40				
9	24	Riina Korhola	Finland		/166,2	40				
10	2	Martta Kaarniranta	Finland		/171	50				
11	1	Emma Säkkinen	Finland		/171,1	55				
12	29	Venla Laukka	Finland		/166,6	62				
13	27	Alina Viinamäki	Finland		/166,7	63				

$\Sigma=13$

Master Women's Bikini Fitness 35 to 44 years

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	41	Linn Otterbu	Norway		/163,7	11	10			10
2	34	Riina Kainulainen-Mutanen	Finland		/159,5	11	11			11
3	40	Helena Bergsten	Sweden		/171,5	18	18			18
4	37	Stefanie Christie Berggren	Sweden		/162,9	16	19			19
5	8	Johanna Muhonen	Finland		/166,6	23	22			22
6	35	Silvia Tigau	Sweden		/168,5	32	30			30
7	36	Saara Saunamäki	Finland		/174,5	36				
8	39	Johanna Jääskeläinen	Finland		/168,5	37				
9	38	Hanna Kekkonen	Finland		/166	45				
10	7	Cajsa Öhman	Sweden		/164	48				

$\Sigma=10$

Master Women's Bikini Fitness 45 to 49 years

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	42	Viktorija Tkacenko	Estonia		/157,1	5				5
2	43	Tuula Putkuri	Finland		/160	10				10

$\Sigma=2$

Master Women's Bikini Fitness 50 years and over

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	44	Katariina Aho	Finland		/171,9	5				5

$\Sigma=1$

Women's Bikini Fitness -160 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	45	Emilia Bodbacka	Finland		/159,5	7				7
2	34	Riina Kainulainen-Mutanen	Finland		/159,5	9				9
3	26	Wiivi Nortunen	Finland		/158,8	13				13
4	42	Viktorija Tkacenko	Estonia		/157,1	19				19
5	6	Hanady Hussein	Sweden		/158,6	25				25
6	43	Tuula Putkuri	Finland		/160	30				30

Σ=6

Women's Bikini Fitness -164 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	46	Venla Vierto	Finland		/161,5	5				5
2	41	Linn Otterbu	Norway		/163,7	11				11
3	37	Stefanie Christie Berggren	Sweden		/162,9	17				17
4	30	Maria Egebro	Denmark		/160,9	20				20
5	47	Ann-Sofie Stauby	Sweden		/161,3	25				25
6	3	Mia Jämsä	Finland		/163,6	30				30

Σ=6

Women's Bikini Fitness -168 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	49	Josefin Blom	Sweden		/164,8	9	7			7
2	50	Mia Pellinen	Finland		/167	9	8			8
3	32	Milja Malkamäki	Finland		/169	15	15			15
4	8	Johanna Muhonen	Finland		/166,6	18	18			18
5	24	Riina Korhola	Finland		/166,2	28	25			25
6	48	Ronja Granholm	Finland		/166,3	27	27			27
7	27	Alina Viinamäki	Finland		/166,7	36				
8	29	Venla Laukka	Finland		/166,6	41				
9	38	Hanna Kekkonen	Finland		/166	41				

Σ=9

Women's Bikini Fitness -172 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	31	Maija Lappalainen	Finland		/169,2	9	10			10
2	54	Ella Moukolainen	Finland		/168,9	10	11			11
3	55	Kaisa Puolakka	Finland		/171,3	12	14			14
4	33	Pihla Nurminen	Finland		/171	18	18			18
5	2	Martta Kaarniranta	Finland		/171	27	26			26
6	39	Johanna Jääskeläinen	Finland		/168,5	34	29			29
7	56	Sarah Brylle von Huth	Denmark		/169,7	34				
8	40	Helena Bergsten	Sweden		/171,5	35				
9	35	Silvia Tigau	Sweden		/168,5	47				
10	52	Emilie Møller	Denmark		/168,9	51				
11	51	Marinka Miikkulainen	Finland		/170	55				
12	53	Louise Amundsson	Sweden		/171,5	58				

Σ=12

Women's Bikini Fitness +172 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	28	Veera Taskinen	Finland		/174,5	5				5
2	59	Anastassija Logunova	Estonia		/178	14				14
3	5	Crislin Maar	Estonia		/179,9	16				16
4	25	Reea Toikka	Finland		/174	20				20
5	58	Elise Skjølås	Norway		/172,7	22				22
6	36	Saara Saunamäki	Finland		/175,5	26				26
7	57	Rebekka Vedsten	Denmark		/174,5	35				35

$\Sigma=7$

Women's Bikini Fitness, Overall

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	46	Venla Vierto	Finland		/161,5	5				5
2	45	Emilia Bodbacka	Finland		/159,5	13				13
3	28	Veera Taskinen	Finland		/174,5	14				14
4	31	Maija Lappalainen	Finland		/169,2	17				17
5	49	Josefin Blom	Sweden		/164,8	23				23

$\Sigma=5$

Junior Men's Physique, Open class

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	60	Mathias Larsen	Denmark		/182,5	5				5

$\Sigma=1$

Master Men's Physique 40 to 49 years

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	63	Eduardo Jaques Da Silva	Norway		/173	9				9
2	64	Robin Sasse	Sweden		/183	9				9
3	62	Paavo Kuusela	Finland		/184,3	14				14
4	61	Andree Saul	Estonia		/182	20				20

$\Sigma=4$

Master Men's Physique 50 years and over

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	66	Lars Poulsen	Denmark		/182	5				5
2	65	Jes Toft	Denmark		/175,7	10				10

$\Sigma=2$

Men's Physique -178 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	70	Shazad Ashraf	Norway		/172,3	7				7
2	67	Selim Vainikka	Finland		/165	11				11
3	69	Iradat Mirdadi	Denmark		/170,2	15				15
4	68	Kristian Malmstén	Finland		/171	19				19
5	63	Eduardo Jaques Da Silva	Norway		/173	23				23

$\Sigma=5$

Men's Physique +178 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	60	Mathias Larsen	Denmark		/182,5	7				7
2	64	Robin Sasse	Sweden		/183,3	8				8
3	72	Mike Holberg Theilsborg	Denmark		/178,7	16				16
4	62	Paavo Kuusela	Finland		/184,3	18				18
5	61	Andree Saul	Estonia		/182	25				25
6	71	Miika Meier	Finland		/188,6	30				30

$\Sigma=6$

Men's Physique, Overall

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	70	Shazad Ashraf	Norway		/172,3	5				5
2	60	Mathias Larsen	Denmark		/182,5	10				10

$\Sigma=2$

Fit Pairs, Open class

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	67	Selim Vainikka Riina Kainulainen	Finland Finland		/165 /	5	0	0	0	5
2	64	Robin Sasse Cajsa Öhman	Sweden Sweden		/183,3 /	10	0	0	0	10
3	71	Miika Meier Ronja Granholm	Finland Finland		/188,6 /	15	0	0	0	15

$\Sigma=3$

Women's Acrobatic Fitness, Open class

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	73	Roosa Lahti	Finland		/168,6	5	5			10

$\Sigma=1$

Junior Women Physique, Open class

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	75	Aagot-Cecilia Sprus Brandslien	Norway		/151,5	10	5			15

$\Sigma=1$

Women's Physique, Open class

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	75	Aagot-Cecilia Sprus Brandslien	Norway		/151,5	10	5			15
2	74	Jenni Hyypä	Finland		/163,7	20	10			30

$\Sigma=2$

Master Women's Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	74	Jenni Hyypä	Finland		/163,7	10	5			15

$\Sigma=1$

Master Women's Bodyfitness 35 to 44 years

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	79	Anna Fagerholm	Sweden		/159,3	7	7			7
2	80	Sujo Backelin	Sweden		/169,8	9	10			10
3	82	Susanna Niemi	Finland		/163,3	17	14			14
4	78	Ann-Mari Paavilainen	Finland		/166,2	18	18			18
5	76	Kristiina Koivusalo	Finland		/157,5	25	25			25
6	77	Mira Valkama	Finland		/169,9	32	30			30
7	83	Essi Ikäläinen	Finland		/171,5	36				
8	81	Liisa Manninen	Finland		/166,4	38				

$\Sigma=8$

Master Women's Bodyfitness 45 to 49 years

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	84	Katariina Tunturi	Finland		/164,8	7				7
2	85	Kristiina Nummela	Finland		/165,1	8				8
3	86	Katri-Helena Rönkkö	Finland		/167,5	15				15

$\Sigma=3$

Women's Bodyfitness -163 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	89	Jenny Karjalainen	Finland		/159,7	5				5
2	79	Anna Fagerholm	Sweden		/159,3	10				10
3	76	Kristiina Koivusalo	Finland		/157,5	15				15
4	88	Roosa Sylvander	Finland		/161,8	20				20
5	87	Anni Rantanen	Finland		/162,3	25				25

$\Sigma=5$

Women's Bodyfitness -168cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	85	Kristiina Nummela	Finland		/165,1	8	7			7
2	82	Susanna Niemi	Finland		/163,3	13	12			12
3	84	Katariina Tunturi	Finland		/164,8	17	14			14
4	78	Ann-Mari Paavilainen	Finland		/166,2	12	18			18
5	91	Hilla Härkönen	Finland		/167,7	25	27			27
6	90	Sarah Thomsson	Sweden		/163,5	32	28			28
7	92	Heidi Hänninen	Finland		/164,5	35				
8	81	Liisa Manninen	Finland		/166,4	39				
9	86	Katri-Helena Rönkkö	Finland		/167,5	45				

$\Sigma=9$

Women's Bodyfitness +168 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	80	Sujo Backelin	Sweden		/169,8	6				6
2	95	Heta Hovi	Finland		/169	10				10
3	73	Roosa Lahti	Finland		/168,6	13				13
4	77	Mira Valkama	Finland		/169,9	23				23
5	93	Emma Wegelius	Finland		/176,6	26				26
6	94	Aada Kuula	Finland		/174,5	28				28
7	83	Essi Ikäläinen	Finland		/171,5	29				29

$\Sigma=7$

Women's Bodyfitness, Overall

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	89	Jenny Karjalainen	Finland		/159,7	5				5
2	80	Sujo Backelin	Sweden		/169,8	12				12
3	85	Kristiina Nummela	Finland		/165,1	13				13

$\Sigma=3$

Junior Women's Wellness Fitness, Open class

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	96	Anete Haak	Estonia		/156,2	5				5
2	97	Hanna Lyly	Finland		/178,9	10				10

$\Sigma=2$

Master Women's Wellness Fitness Open class

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	98	Sara Havia	Finland		/155,7	6				6
2	99	Emmi Parviainen	Finland		/162	9				9
3	100	Malin Hedfors	Sweden		/172,7	15				15

$\Sigma=3$

Women's Wellness Fitness -164 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	101	Hanna Malmstén	Finland		/153,5	8				8
2	98	Sara Havia	Finland		/155,7	9				9
3	99	Emmi Parviainen	Finland		/162	16				16
4	96	Anete Haak	Estonia		/156,2	18				18
5	102	Netta Lahtinen	Finland		/155,8	25				25

$\Sigma=5$

Women's Wellness Fitness +164 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	106	Susanna Perälä	Finland		/165,4	5				5
2	107	Anniina Lackman	Finland		/169,6	13				13
3	104	Anette Virkki	Finland		/171,2	15				15
4	105	Jonna Hakanpää	Finland		/176	17				17
5	100	Malin Hedfors	Sweden		/172,7	26				26
6	103	Nelli Rissanen	Finland		/172,2	27				27
7	97	Hanna Lyly	Finland		/178,9	35				35

$\Sigma=7$

Women's Wellness Fitness, Overall

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	106	Susanna Perälä	Finland		/165,4	5				5
2	101	Hanna Malmstén	Finland		/153,5	10				10

$\Sigma=2$

Junior Men's Fit Classic Physique, Open class

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	12	Rasmus Karling	Sweden		/180,2	10	5			15
2	11	Oliver Wilhelmsson	Sweden		/190,2	20	10			30

$\Sigma=2$

Men's Fit Classic Physique -171 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	108	Bemellah Mardani	Finland		/161,2	10	5			15
2	15	Dyako Ghafoor	Sweden		/170	24	14			38
3	109	Anwar Alsaadi	Sweden		/163,4	36	12			48
4	16	Arttu Koskela	Finland		/163,5	32	19			51

Σ=4

Men's Fit Classic Physique -180 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	18	Teemu Aho	Finland		/177,8	10	7			17
2	19	Joona Meriläinen	Finland		/177,2	20	8			28
3	13	Ali Haidari	Finland		/171,5	32	20			52
4	17	Larieemeli Kuusisto	Finland		/176,5	38	15			53

Σ=4

Men's Fit Classic Physique +180 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	23	Alexander Pålsmarker	Sweden		/181,1	16	5			21
2	21	Teemu Tahvanainen	Finland		/186,3	16	10			26
3	20	Lukas Dekan	Sweden		/184,5	38	15			53
4	12	Rasmus Karling	Sweden		/180,2	36	20			56
5	11	Oliver Wilhelmsson	Sweden		/190,2	50	29			79
6	22	Daniel Volodin	Finland		/181	60	25			85

Σ=6

Men's Fit Classic Physique, Overall

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	23	Alexander Pålsmarker	Sweden		/181,1	7				7
2	18	Teemu Aho	Finland		/177,8	10				10
3	108	Bemellah Mardani	Finland		/161,2	13				13

Σ=3

Fit Bodybuilding Junior, Open class

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	11	Oliver Wilhelmsson	Sweden		/190,2	10	5			15

Σ=1

Fit Bodybuilding, Open class

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	14	Mohammad Rouzeh Dalari	Sweden		/170,3	10	5			15
2	13	Ali Haidari	Finland		/171,5	20	10			30
3	17	Larieemeli Kuusisto	Finland		/176,5	30	15			45

Σ=3