

Fitness SM 2026, NFE

28.-29.8.2026,

OFFICIAL CONTEST RESULTS

Women Physique SM

PLACE	No	NAME	COUNTRY	RD1 x2	RD2	RD3	RD4	Score
1	1	Anu Koski Tampere	Team BAO	10	5			15
2	2	Helena Huikkala Kauvatsa As	Team Elite Academy	20	10			30

 $\Sigma=2$

Master Women Physique

PLACE	No	NAME	COUNTRY	RD1 x2	RD2	RD3	RD4	Score
1	3	Anu Koski Tampere	Team BAO	10	5			15
2	4	Helena Huikkala Kauvatsa As	Team Elite Academy	20	10			30

 $\Sigma=2$

Classic Bodybuilding SM -175cm

PLACE	No	NAME	COUNTRY	RD1	RD2 x2	RD3	RD4	Score
1	8	Teemu Rytkönen Helsinki	Team Next Generation Physique	6	12	11		23
2	14	Tenho Talvensaari Jyväskylä	Team Finnish Physique Academy	10	22	5		27
3	13	Ville Korpinurmi Lieto	TeamTN	16	34	21		55
4	12	Jarkko Kettunen Varkaus	JO Muscle Team	18	42	16		58
5	5	Eemeli Hämeenoja Salo	Team Finnish Physique Academy	26	40	23		63
6	11	Jarkko Pietiläinen Tampere	Team Mansen Body Club	33	60	30		90
7	7	Jesse Markus Juhani Kukkonen Tuusula	Team Bodycom	36				
8	15	Juho Bonifer Mikkeli	Team Bodycom	40				
9	6	Ghufran Adnan Ali Tampere	Team BAO	41				
10	16	Tapio Papinaho Orimattila	Team BAO	51				
11	9	Aaro Virtanen Espoo	Invicta Fitness Team	54				
12	10	Jarec Kaakinen Jyväskylä	Team Skip	60				

 $\Sigma=12$

Classic Bodybuilding SM -180cm

PLACE	No	NAME	COUNTRY	RD1	RD2 x2	RD3	RD4	Score
1	20	Jose Marcos Lavagnolli Giannini Junior Helsinki	Team Warriors	7	14	7		21
2	25	Juuso Koskela-Salmivala Pori	Team Karboni	9	18	11		29
3	24	Mikko Nuolioja Kangasala	Team Fitfarm	15	30	13		43
4	22	Tuomas Kuusisto Pälkäne	Team Fitfarm	18	38	20		58
5	18	Eemil Vesa Saarenkylä	Team JiiPee	25	50	23		73
6	23	Teemu Tikka Helsinki	Team Warriors	32	60	30		90
7	19	Ville Piironen Pennala	Optimal Fit K&M	35				
8	17	Aleksi Nieminen Rauma	Team NO LIMIT	38				
9	21	Kim Dahl Vaasa	Team Next Generation Physique	43				

Σ=9

Classic Bodybuilding SM +180cm

PLACE	No	NAME	COUNTRY	RD1	RD2 x2	RD3	RD4	Score
1	28	Saman Safiyari Vantaa	Team Fit Lions	6	16	7		23
2	32	Eemeli Aartola Tampere	Team BAO	12	22	9		31
3	29	Samuli Sorsa Nurmijärvi	Team Pro Level	18	30	15		45
4	26	Roni Marjamäki Tampere	Team Bodycom	18	42	24		66
5	33	Saku Kuisma Kerava	Team Athletic's Club	21	44	23		67
6	31	Anton Parkkinen Lahti	Team BAO	32	60	25		85
7	34	Daniel Berrebbah Turku	Pure Vision Team	33				
8	30	Patrik Puhtimäki Seinäjoki	Team Next Generation Physique	41				
9	27	Dusan Turajlic Helsinki	Team Fit Lions	42				
10	35	Jesse Salminen Lappeenranta	Team Pro Level	50				

Σ=10

Classic Bodybuilding SM Overall

PLACE	No	NAME	COUNTRY	RD1	RD2	RD3	RD4	Score
1	20	Jose Marcos Lavagnolli Giannini Junior Helsinki	Team Warriors	5				5
2	28	Saman Safiyari Vantaa	Team Fit Lions	11				11
3	8	Teemu Rytönen Helsinki	Team Next Generation Physique	14				14

Σ=3

Men's Physique SM -179cm

PLACE	No	NAME	COUNTRY	RD1	RD2	RD3	RD4	Score
1	37	Selim Vainikka Lappeenranta	Team Fit Lions	5	5			5
2	44	Tony Poraharju Nokia	Team Finnish Physique Academy	10	10			10
3	42	Ashkan Yosefi Vantaa	Team Fit Lions	18	19			19
4	40	Eemeli Ansa Lahti	Optimal Fit K&M	17	22			22
5	36	Reza Rahmani Kerava	Pure Vision Team	25	25			25
6	45	Iivari Lehmusmäki Tampere	Team Finnish Physique Academy	31	25			25
7	43	Samuli Kettunen Kerava	Team Athletic's Club	33				
8	46	Pahan Doloswala Forssa	Team Focus	40				
9	38	Timur Kahlun Tampere	Team Karboni	45				
10	39	Jetro Vesti Turku	Pure Vision Team	50				
11	41	Aleksi Nykyri Oulu	Northern Light's Fitness Team	55				

Σ=11

Men´s Physique SM +179cm

PLACE	No	NAME	COUNTRY	RD1	RD2	RD3	RD4	Score
1	50	Teemu Koskinen Helsinki	Team Fit Lions	5	5			5
2	51	Vili-Valtteri Juusola Hyvinkää	Team JiiPee	10	10			10
3	52	Antti Koli Turku	Team Goljant	16	15			15
4	47	Juuso Karjalainen Helsinki	Team Warriors	19	23			23
5	55	Sakari Perälä Sievi	Team Fysiomotion	29	26			26
6	54	Paavo Kuusela Tampere	Team BAO	30	26			26
7	53	Samu Lehtinen Kouvola	Team Muscle Art Coaching	34				
8	48	Samu Näsänen Joensuu	Team Pirantti Sport	40				
9	49	Lari Lievonon Helsinki	Team REV	40				

Σ=9

Men´s Physique SM Overall

PLACE	No	NAME	COUNTRY	RD1	RD2	RD3	RD4	Score
1	37	Selim Vainikka Lappeenranta	Team Fit Lions	6				6
2	50	Teemu Koskinen Helsinki	Team Fit Lions	9				9

Σ=2

Classic Physique SM -175cm

PLACE	No	NAME	COUNTRY	RD1	RD2 x2	RD3	RD4	Score
1	58	Kenneth Mbah Titi Espoo	Team Evolve	5	10	6		16
2	56	Tenho Talvensaari Jyväskylä	Team Finnish Physique Academy	11	20	11		31
3	69	Onyebuchi Ikpah Hyvinkää	Team Evolve	17	32	17		49
4	66	George Konneh Kotka	Optimal Fit K&M	18	36	16		52
5	67	Jarkko Kettunen Varkaus	JO Muscle Team	24	48	25		73
6	62	Ville Korpinurmi Lieto	TeamTN	32	60	30		90
7	61	Jesse Markus Juhani Kukkonen Tuusula	Team Bodycom	36				
8	57	Jarkko Pietiläinen Tampere	Team Mansen Body Club	42				
9	68	Juho Bonifer Mikkeli	Team Bodycom	42				
10	65	Ghufran Adnan Ali Tampere	Team BAO	49				
11	63	Ali Haidari Ylöjärvi	Team BAO	55				
12	60	Juuso Ketola Pori	Team Karboni	60				
13	70	Aaro Virtanen Espoo	Invicta Fitness Team	64				
14	59	Jarec Kaakinen Jyväskylä	Team Skip	70				

Σ=14

Classic Physique SM -180cm

PLACE	No	NAME	COUNTRY	RD1 x2	RD2	RD3	RD4	Score
1	71	Jose Marcos Lavagnolli Giannini Junior Helsinki	Team Warriors	10	6			16
2	75	Juuso Koskela-Salmivala Pori	Team Karboni	22	9			31
3	72	Mikko Nuolioja Kangasala	Team Fitfarm	34	19			53
4	73	Tuomas Kuusisto Pälkäne	Team Fitfarm	38	20			58
5	76	Eemil Vesa Saarenkylä	Team JiiPee	48	23			71
6	74	Teemu Tikka Helsinki	Team Warriors	60	32			92
7	77	Aleksi Nieminen Rauma	Team NO LIMIT	70	33			103

Σ=7

Classic Physique SM +180cm

PLACE	No	NAME	COUNTRY	RD1	RD2 x2	RD3	RD4	Score
1	84	Saman Safiyari Vantaa	Team Fit Lions	6	12	7		19
2	78	Eemeli Aartola Tampere	Team BAO	9	20	8		28
3	86	Samuli Sorsa Nurmijärvi	Team Pro Level	16	28	16		44
4	81	Anton Parkkinen Lahti	Team BAO	19	40	20		60
5	80	Daniel Berrebbah Turku	Pure Vision Team	28	56	26		82
6	79	Roni Marjamäki Tampere	Team Bodycom	29	54	29		83
7	82	Jarkko Aronen Tampere	TeamTN	34				
8	83	Patrik Puhtimäki Seinäjoki	Team Next Generation Physique	39				
9	85	Dusan Turajlic Helsinki	Team Fit Lions	45				

Σ=9

Classic Physique SM Overall

PLACE	No	NAME	COUNTRY	RD1	RD2	RD3	RD4	Score
1	58	Kenneth Mbah Titi Espoo	Team Evolve	6				6
2	71	Jose Marcos Lavagnolli Giannini Junior Helsinki	Team Warriors	9				9
3	84	Saman Safiyari Vantaa	Team Fit Lions	15				15

Σ=3