



12.9.2026, Hämeenlinna, Verkatehdas

SUOMEN
FITNESSURHEILU RY.

OFFICIAL CONTEST RESULTS

Wellness Fitness SM -165cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	33	Essi Jumisko Tampere	Team Finnish Physique Academy	2003	/164.3	5				5
2	34	Susanna Kynsilehto Oulu	Northern Light's Fitness Team	1990	/152.6	10				10
3	35	Salla Lyytikäinen Vaajakoski	TeamFitWell	1977	/159.6	16				16
4	36	Emilia Rusanen Pieksämäki	Team Advanced Fitness	2002	/159.4	19				19

Σ=4

Wellness Fitness SM +165cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	38	Liina Ylikotila Keminmaa	Team JiiPee	2000	/169.8	5	5			5
2	40	Johanna Luukkanen Pori	Team Nomos	1980	/167.7	16	12			12
3	44	Iiris Korpinen Oulu	Team Next Level	2003	/165.4	10	13			13
4	43	Niina Leppä Valkeala	Team BAO	1996	/166.9	22	21			21
5	42	Carita Ahtonen Helsinki	Team Finnish Physique Academy	1990	/167.2	22	26			26
6	41	Annu Kaija Vantaa	Team Advanced Fitness	2003	/165.5	31	27			27
7	39	Emmi Nylund Helsinki	Team Advanced Fitness	1999	/167.7	34				
8	45	Janette Piispanen Joensuu	Team Smells Like Fitness	2002	/167.6	40				
9	37	Milla Laakkonen Karstula	Team Next Level	1999	/170.7	44				

Σ=9

Body Fitness SM -163cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	46	Kati Englund Lappeenranta	TeamTN	1983	/160	6	6			6
2	47	Silja Lehmusto Espoo	Team Finnish Physique Academy	2000	/154.8	10	13			13
3	56	Vilja Varjoranta Helsinki	Invicta Fitness Team	1983	/153.7	20	17			17
4	53	Susanna Kokkonen Kuusjoki	TeamTN	1995	/160.5	22	21			21
5	49	Tiina Karjalainen-Kihlman Pirkkala	Team BalancedBody	1983	/155	17	24			24
6	52	Jenni Mäkinen Kankaanpää	TeamFitWell	1984	/160.5	32	26			26
7	48	Suvi Ristolainen Suolahti	Team Advanced Fitness	1987	/151.8	39				
8	51	Pia Lindgren Salo	Team BAO	1977	/158.2	40				
9	55	Hanna Antti-Poika Helsinki	Team Glory	1976	/159	45				
10	50	Heini Miettinen Akaa	Team Pro Academy	2007	/155	45				
11	54	Virve Saukko Raahe	Northern Light's Fitness Team	1976	/154.2	55				

Σ=11

Body Fitness SM +163cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	65	Katri Peltola Kuusankoski	Team NEA	1995	/171.1	9	8			8
2	59	Henni Holopainen Helsinki	Team Susiraja	1998	/167.5	8	9			9
3	64	Jemina Mäkelä Ylämylly	Team Athletic's Club	1986	/170	14	16			16
4	61	Erin Liehu Tampere	Team BAO	2001	/163.2	19	19			19
5	57	Kristina Oksanen Tampere	Team BalancedBody	1980	/170.3	25	25			25
6	58	Annukka Mäkinen Joensuu	Team Smells Like Fitness	1998	/173.5	30	30			30
7	60	Malin Havila Borgå	Team Fit Rebels	1991	/177	36				
8	63	Mari Aho Espoo	TeamTN	1976	/167	38				
DNC	62	Sanni Kujamäki Kotka	Team Elite Academy	1990	/168					

Σ=9